

<p>Item No</p> <p>5</p>	<p>INNER NORTH EAST LONDON JOINT HEALTH OVERVIEW AND SCRUTINY COMMITTEE (INEL JHOSC)</p>
<p>Report title</p>	<p>What we are doing to improve access, outcomes, experience and equity for children, young people and young adults' mental health</p>
<p>Date of Meeting</p>	<p>15 December 2022</p>
<p>Attending</p>	<p>Paul Calaminus, Chief Executive, ELFT</p>
<p>OUTLINE</p>	<p>Mental health services generally are under pressure due to increased demand, exacerbated by the pandemic. Areas of concern include the transition between CAMHS and adult mental health services; delays in receiving care; or being assessed as having no care needs by adult services.</p> <p>Young adults are already heavy users of Increasing Access to Psychological Therapies (IAPT) services in east London (approx. 20%) as well as Early Intervention in Psychosis Services and there are also young adults whose needs cannot be met by these services.</p> <p>Services have also seen a surge in referrals to Children's Eating Disorder Services (CEDS) and crisis presentations of young people. The Chair has asked the CE of ELFT to answer questions on the current situation.</p>
<p>RECOMMENDATION</p>	<p>Members are asked to give consideration to the briefing.</p>